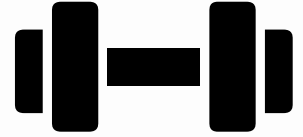
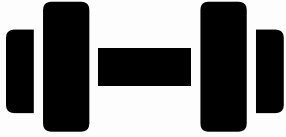


# WELLNESS

C E N T R E



## Membership Information 2019-2020

### Free Classes with Membership

Lunch Time Crunch Time  
Mondays & Wednesdays  
**12:15PM-12:45PM**

Rise & Shine Cardio  
Tuesdays & Thursdays  
**6:15AM-6:45AM**

Time 4 Tots  
Fridays  
**10AM-11AM**

## Membership Fees

### Walking Track Only

Daily Pass: \$5.00  
One Month: \$42.00  
Three Month: \$75.00  
Six Month: \$113.00  
One Year: \$180.00

### Adult

Daily Pass: \$9.00  
One Month: \$70.00  
Three Month: \$167.00  
Six Month: \$310.00  
One Year: \$566.00  
Cluster: \$380.00  
Corporate: \$355.00

### Students (with valid student ID)

**Youth ages 6-17**  
**Seniors ages 55-79**  
Daily Pass: \$7.00  
One Month: \$52.00  
Three Month: \$107.00  
Six Month: \$194.00  
One Year: \$345.00

### Single Family (1 parent & all children residing in the same household under the age of 18)

Daily Pass: \$14.00  
One Month: \$82.00  
Three Month: \$200.00  
Six Month: \$380.00  
One Year: \$680.00

### Family (adult couple & all children residing in the same household under the age of 18)

Daily Pass: \$17.00  
One Month: \$107.00  
Three Month: \$290.00  
Six Month: \$547.00  
One Year: \$930.00

### Children 5 & under FREE! Adults 80 & over FREE!

### Personal Training

30 & 60 minute packages with certified personal trainers on staff.  
Reasonable rates.

### \*Non-Residents

A non-resident user fee of \$5.00 per month (\$60.00 per year) will be added to each membership at the time of purchase. A non-resident is any person who does not own property or reside within the Town of The Pas or RM of Kelsey.

**Note:** one fee per household.

### Additional Membership Benefits

- 10% Discount at Kleen All, Kick It Sports, or Tri Family Health
- Free replacement key tags if lost or broken
- Early bird & discounted class registration
- Personal Training package options
- All new members will receive 1/2 hr FREE Personal Training Session

\*Applies to new members only and based on the purchase of a one year membership.

### Wellness Centre Hours

Monday-Friday: 6AM-10PM  
Saturday & Sunday: 8AM-8PM